**Title of the course:** Intervention for Child and Adolescent Mental Disorders

**Course code:** PSYM21-DC-108

**Head of the course:** Miklósi Mónika

**Academic degree:** PhD

**Position:** Senior lecturer

**MAB Status:** A (T)

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| **Az oktatás célja angolul** |

**Aim of the course:**

The course provides an overview into the evidence-based interventions of child and adolescent mental disorders.

**Learning outcome, competences**

knowledge:

Students gain an overview of evidence based interventions (medication and psychotherapy) of child and adolescent mental disorders.

attitude:

* Respect of patients and caregivers
* Professional humility
* Considering ethical standards and patients’ rights
* Relying on evidence-based practice

skills:

* Students will be able to view childhood mental disorders in a complex biopsychosocial model
* Collecting and evaluating evidence related to different intervention methods
* Indicating the appropriate intervention
* Understanding the basic mechanisms of action of each therapeutic modality.

autonomy, responsibility:

* Students are able to outline a therapeutic plan on their own, based on their knowledge related to therapeutic interventions.
* It should only happen in accordance with the ethical guidelines of psychology, and only for purposes corresponding to their level of competence, under supervision.

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| **Az oktatás tartalma angolul** |

**Contents of the course**

* Evidence based practice
* The NICE Guidelines
* Developmental approaches in the treatment of children and adolescents
* Methods of psychotherapy
  + Behavioral therapy
  + Cognitive behavioural therapy
  + Family therapy
  + Interpersonal psychotherapy
  + Dynamic psychotherapy
  + Psychodrama
* EBP for the most prevalent mental disorders in children and adolescents
  + Anxiety disorders
  + Mood disorders
  + Eating disorders
  + ADHD and conduct disorders
  + Post-traumatic stress disorder
* Psychopharmacology
  + Indication of pharmacological treatment
  + The ’Off label’ concept
  + Effects of medication
  + Side-effects of medication
  + Classification according to agent
  + Classification according to diagnosis

**Learning activities, learning methods**

* Lectures
* Assignments

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| **A számonkérés és értékelés rendszere angolul** |

**Learning requirements, mode of evaluation, criteria of evaluation:**

* Written exam (test)
* Oral exam
* Completion of the in-semester assignments

Mode of evaluation: exam (5-point grading scale)

Criteria of evaluation:

* Detailed knowledge of intervention methods in children and adolescent mental disorders

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| **Idegen nyelven történő indítás esetén az adott idegen nyelvű irodalom:** |

**Compulsory reading list**

* Correll, C. U., Kratochvil C. J., &amp; March J. S. (2011). Developments in pediatric psychopharmacology: focus on stimulants, antidepressants, and antipsychotics. Journal of Clinical Psychiatry, 72(5), 655-670.
* Molina, B. S., Hinshaw, S. P., Swanson, J. M., Arnold, L. E., Vitiello, B., Jensen, P. S., ... &amp; Elliott, G. R. (2009). The MTA at 8 years: prospective follow-up of children treated for combined-type ADHD in a multisite study. Journal of the American Academy of Child &amp; Adolescent Psychiatry, 48(5), 484-500.
* Safer, D. J. (2011). Age-grouped differences in adverse drug events from psychotropic medication. Journal of Child and Adolescent Psychopharmacology 21(4), 299-30.
* Masi, G., &amp; Liboni, F. (2011). Management of schizophrenia in children and adolescents: focus on pharmacotherapy. Drugs. 22,71(2), 179-208.
* Frick, P.J. et al (2010): Clinical Assessment of Child and Adolescent Personality and Behavior. Springer Science and Business Media, LLC.

Remschmidt, H (2010): Psychotherapy with children and adolescents. Cambridge University Press.

**Course-specific information (specific to a given lecture or seminar)**

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| **General data** |

**Specific (sub)title of the course (if relevant):**

**Specific (sub)code of the course (if relevant):**

**Date and place of the course:**

**Name of the lecturer:**

**Department of the lecturer:**

**Email of the lecturer:**

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| **Specific syllabus/schedule of the lecture/seminar (if relevant)** |



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| **Further specific information (eg. requirements) (if relevant)** |